

Louth Triathlon Club 2026 AGM
6th January 2026
7.30pm - The Brown Cow, Louth.

1. Present

Rowena Burgess, Colin Thompson, Birgit Lyon, Hayley Pearson, Mags Hutchings, Charlie Schofield, Abi Tinker, Martin Ball, Julie Wilkinson, Gemma Taylor, Mark Lyon, Jill Whittleton, Lisa Potter, Cheryl Tinker, Dan Mason

2. Apologies

Lisa Adams, Claire Jackson, James Bayley, Gem Selby, Andy Mitchell, Rich Smith

3. Minutes of the last AGM

Agreed to be a true and accurate record

4. Chairperson's report – Rowena Burgess

Welcome to the AGM, thank you to everyone who has attended tonight. I would like to say a special thank you to our members for supporting the club particularly our training session and events either by racing or volunteering over the past year, our coaches for all their time, energy and expertise they have provided and our committee for all the work they do in the background for the club.

2025 has been another exceptional year for the club, one of my personal highlights has to be seeing so many members and teams race at the National Relay Championships at Nottingham.

The goals for 2025 were

- Sustainability of coaching and the pool of coaches
- Financial sustainability
- Continuation of the LTC League to provide members with an opportunity to complete events at an affordable price
- Participation in the Inter-club champs events such as the Fireball and relay teams in the National Tri Relays
- Supporting the return of Louth Sprint Tri in Sept 2025 by working with Trident Sports Events

I am proud to say we have achieved all of these except supporting the return of the Louth Sprint Tri, which was out of our control, so a well done to everyone!

Membership overview

I will leave this to Julie / Colin between them in their finance and secretary reports but am pleased to say we have seen membership grow in 2025 and continue to see membership join.

Training & Coaching Highlights

We have welcomed 2 Foundation Coaches (Abi and Hayley) joining our coaching pool. 3 of our coaches attended an S&C workshop funded by the club and have delivered an S&C course, which was very successful. A swim video analysis session was held recently and very well received. Swim sessions have continued to be popular. Uncoached Saturday swim sessions have been paying for themselves. Run sessions have fluctuated but there have been a core of regular attendees.

Events, Races & Achievements

I will leave it for Colin to provide a Spond / entry review but am very pleased to report our LTC League Events have been very well attended in 2025. We have had members undertake their first sprint triathlons, members complete their first full long distance, members achieve AG wins and members represent GB in international competitions including one of our members becoming World Champion in her AG at the Worlds Championships. We had the most teams from the East Midlands enter the national relay champs and it was great that one of our team's came away with a medal. Medal Monday has been a great way to celebrate achievements via social media. We were the only team to have 2 entries at Fireball.

Community, Partnerships & Volunteering

Our fundraising event at the X Country Pairs Bike / Run event for The Robin's Trust raised a substantial amount for the charity. Thank you to the Smith's for letting us use their facilities for this event.

We also supported some young carers from a local primary school to attend a swim session at Merdian Leisure Centre. Our partnership with Merdian Leisure Centre remains strong. The social Saturday morning jeffing sessions have been well supported by members of our club, the local Athletics Club and non-club runners. Thank you to Gail and co for initiating this.

Utilising Fulstow and Alvingham Village Halls this year for the Fulstow 10k and the December Duathlon have worked well and having toilet and refreshment facilities have been well received. Louth AC's club house also worked well for the 10ktda as alternative for Merdian not being available. Thank you to those who were instrumental in coming up with new routes.

Financial Overview (High-Level)

I will leave this to Julie's finance report, but finances have continued to be stable even with investment in a new club gazebo, coaching fees and contributing to entry fees for the national relay champs and Fireball. We have received a Louth Sports Association Grant £350 and funding from BTF towards coaching. Thank you to Julie for all her hard work and efficiency as treasurer.

Looking Ahead

Priorities for the coming year:

- Financial sustainability
- Continuation of the LTC League to provide members with an opportunity to complete events at an affordable price – including new routes for TTs, home made half point to point
- Inter-club competitions such as Fireball and the National Relay Champs. I think the club should continue to financially support entries to these events
- Volunteering at the Outlaw Full Event at Nottingham
- Offering another swim video analysis session and more S&C sessions

Closing Thanks

Thank you to the committee for continuing to drive the Club forwards and the new innovations that have been introduced. Thank you to our coaches for sharing their time and expertise to support others to grow and thank you to our members for supporting the club and our events.

I have been very proud to have chaired the club in 2025 and look forward to celebrating achievements and have some fun on Friday Night at the Awards Night

5. Financial report – Julie Wilkinson

We started the year with a bank balance of £4,689 and ended the year with a healthy balance of £6,794.

Membership income received was £2,100, compared to £1,845 last year. At the year end we have a total of 95 members which is the most we have had for a number of years.

We received a grant from the Louth Sports Association of £350.

Swimming pool hire and coaching are our main expenses. We received £14,658 in total

from swim sessions, aquathons, long weekend and HMO. Pool hire was £6,077 and Coaching fees were £6,258 totalling £12,335, so we actually made a profit of £2,323. This is mainly because sessions are well attended and are full to capacity most of the time. Another factor is because our Spond booking system does not refund if a member cancels an event and enables another member to book the session.

Most events have been well attended and have exceeded last year's figures.

For the 10K at Fulstow we hired the village hall, we had a good entry, and the event raised £191 after paying for the hire.

The XC Bike/Run event was held this year at Withcall on land belonging to the 'Smiths'.

This was very well supported and all monies raised on the day, plus entry fees were donated to the Robin Cancer Trust totalling £565.00 plus gift aid.

Our main purchase this year was a new gazebo at a cost of £1,223 and we also purchased some new signs at a cost of £250. We contributed to the Huub relays costing £450 and donated £210 to Lacey Gardens young carers swimming trip.

Overall, we have had another successful year and have provided good coaching, training and events for the members. The bank balance has increased significantly this year. I know we always need to be careful not to overspend in the good times, and always have some in reserves, but hope we can use some of these reserves in the future to benefit the members in their training and events.

Finally, I would like to thank Colin for his work on Spond and for forwarding me the income reports each month so I can reconcile the bank account to do the accounts. Rowena and the whole committee have done a grand job making it the successful club that it is. Long may it continue.

6. **Secretary's report – Colin Thompson**

Admin for BTF, CTT, EA, grants etc done + new member coordination (25) and other secretary stuff

We have completed our first year using Spond as a booking system. There has only been 2 issues with bookings and they were both traced to user error. Of our 95 members, 91 have joined Spond.

If people don't rejoin, they are being removed from Spond (unlike Club Spark)

Participation over the year

Based on Spond data, this is a slight approximation as the odd bit of cash was taken and a few refunds made - minimal and cancel each other out.

£18.3k Taken in payments as we booked 2816 sessions over 212 events

£17.3k received by the club (we paid just over 1k in fees - a lot; but less than we would have done on Club Spark)

Swimming was the most popular - 1372 bookings for a Weds (29.5 people on average)

Sunday 617 people (14 average) and Saturday 248 people (5 average). These participation numbers justify the lanes hired. JW report shows fees are covering cost.

TTs are time consuming; but the most popular event with 106 people (18 per event)

Then Aquathlons with 89 people (30 per event)

The Long Weekend had 34 participants

Amongst the single day events

The XC had 39 participants, 10k the day away 37, Fulstow 10k 34 and Longest Day Bike 33

For multi discipline events

The Pairs sprint Tri had 24 participants, the Duathlon 21 and 19 the HMO 19

Everyone on Spond booked onto at least 1 event (excludes those recently joined).

Top attendees (payments taken), by number of bookings

Sharon Wilkinson	97	46.0%
Cheryl Tinker	89	
Clare Koslow	86	
Sean Hutchings	86	
Rowena Burgess	83	

If we look at % attended vs invited, we see some who only joined part way through the year:-

Phil Mamwell	47.6%	59 of 124
Sharon Wilkinson	46.0%	
Cheryl Tinker	42.0%	
Clare Koslow	40.4%	
Sean Hutchings	40.4%	
Rowena Burgess	39.0%	
Joshua McNee	36.2%	28 of 105

7. Review of Club Documents

The following club documents have been reviewed by CT, with one minor change recommended:-

- Club Constitution
- Complaints and Disciplinary Policy
- Safeguarding Policy
- Health and Safety Policy
- Social Media Policy
- Privacy Notice
- Inclusion Policy

A sub-committee of RB, BL, HP and CT will review the recommendations for approval

8. Dissolution of present committee

9. Election of new committee

Position	Nominee	Proposer	Seconder
Chair	Rowena Burgess	Martin Ball	Birgit Lyon
Vice Chair	Birgit Lyon	Rowena Burgess	Gemma Taylor
Secretary	Colin Thompson	Rowena Burgess	Hayley Pearson
Treasurer	Julie Wilkinson	Hayley Pearson	Lisa Potter
Welfare Officer	Martin Ball	Jill Whittleton	Abi Tinker
Press/Media Officer	Claire Jackson	Gemma Taylor	Mags Hutchings

All those nominated were happy to accept the role. There was general support and no objections. All were the above were duly elected to these roles.

General Committee Members

Lisa Adams, Claire Jackson, James Bayley, Gem Selby and Andy Mitchel were not able to attend the meeting; but had expressed their willingness to remain on the committee.

Others at the AGM willing to be on the committee were:-

Hayley Pearson, Abi Tinker, Gemma Taylor, Mark Lyon, Jill Whittleton, Claire Jackson, Lisa Potter, Lisa Adams, Claire Jackson, Cheryl Tinker, Mags Hutchings, Charlotte Schofield, Dan Mason.

10. Opening address from new chair – Rowena Burgess

The targets for the year are included in the 2025 report.

Date and time for next AGM - 5th January 2027 at 19:30